

Ayamanatara's Classes and Events

Locations will vary based on class size and availability of space.

Registration for all classes is due 7 days in advance.
Some classes may offer a discount if paid in full at least 14 days in advance .

Please RSVP for ceremonies 48 hours in advance.

An Evening with the Oracle

Channeling, also called Oracling, is a form of communion with Spirit, in which the medium goes into trance and allows certain spirits to use their body and speak through them. Join with like minded friends coming together for fun, questions, answers, wisdom sharing and special teachings with Ayamanatara's guides - Cassandra, SpiderWoman, Miriam of Magdala, St Antony of Egypt, and The Council. The evening will include a meditation, a message for those assembled, answers to individual questions in a group setting, and a group healing. Please bring your questions, an open heart, and a small token for the altar.

Ceremony: New Moon Gathering

Every month, we gather on the New Moon to set our intention for the cycle ahead. Themes are based on the energy of the planet. Potluck follows the journey/ritual (please bring a protein-based or wheat-free dish if at all possible). Feel free to bring a camp chair, a 7 day candle, and some firewood.

Contact us for details on this month's gathering.

Ceremony: Labyrinth Walk

The labyrinth is a walking meditation whose roots extend deep into prehistory and transcend geographic and cultural boundaries. It has been said to be the manifestation of the collective unconsciousness. People walk the labyrinth for insight, for growth, and even to manifest world peace.

Crystal Singing Bowl Meditation

A Singing Bowl Meditation is a powerful way to bring your body to a state of calm using crystal singing bowls as the conduit. During the meditation, crystal singing bowls are played while we sit or lie in meditative bliss. The sound floods us with ethereal vibrations which deepen our meditation and connection with All. In addition to promoting overall relaxation, increasing resistance to stress, boosting energy levels, alleviating many forms of pain, lessening depression and improving digestion, this practice re-balances the autonomic nervous system, and brings the body, mind and spirit to a state of equilibrium.

Journeying the Invocation

This ritual experience will activate your receptors to help you bring the Divine through and allow you to hear the wisdom of the ages in a safe, consensual space. Come wearing masks or costumes to enhance your experience of a potentially emotive journey into the out-of-the-ordinary.

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Classes

Altars: Creation & Application – 8 hours

An altar assists us in creating focus for working with Spirit Teachers, creating a special place for a "wish-board," or honoring a departed loved one. Holding the four elements [and sometimes five] an altar calls forth the power of the earthly elements to set a dialogue with the power of the devic and heavenly realms. Students will be shown how the create altars and how to wake them up.

altars, magick, witchery, tools

Altars of the Elements – 8 hours

Co taught with Ora Nance-Woodley, Scott Smith, and Stephanie Syd Yang

Basic altar creation incorporates the four elements, but what happens when you create an altar for each? This hands-on workshop will delve into the energies of each element individually, making that the focus of a new altar every month. Taught by four different instructors, one per element, you will benefit from the teachings of multiple paths and multiple perspectives, resulting in a well-rounded grasp of both elements and altars by trimester's end.

Air: Air, the element of the East, connects us to the soul and the breath of life. This is where we start. Air supports us in moving through stuck places, clearing out old belief systems and promoting clear communication. It is the wind beneath your wings. Where will your breath take you?

Fire: Fire is the only element that exists only in its action, and that action is to transform or transmute. It is said in some traditions that the other elements accept offerings, but fire takes a sacrifice. In this section, we will examine what it means to be in our passion, to give ourselves up to Spirit, and to allow materialism to fall away.

Water: The element of water surrounds us before birth and flows within us all our lives. Where water exists, so does life. It represents our emotions, intuitions, and creative and destructive powers. In the water portion of the Altars of the Elements series, we will explore the adaptability, power and supportive nature of this element and how to work with it.

Earth: The Altar of Earth explores the gravity and hidden gems of the northern element. As we approach Winter, we will be guided to create altars that represents the fertile, gestating, and rich collective power of the element of Earth, our bodies, nature, and the Gods.

altars, magick, witchery, tools

Angels, Gods & Aliens – 8 hours

When you compare ancient mythology, the legends about angels, and stories of extra-terrestrial contact, one thing becomes clear - they all refer to beings who had better technology than we did. This class will look the similarities in what we "know" about these three types of beings and we will explore a more expansive way of approaching the information that has been handed down. Sacred texts, modern newspaper stories, and the oral tradition of a number of belief systems will all be examined for information.

general, mysticism

Animal Communication Lecture & Demonstration – 2 hours

Animals come into our lives as teachers and are an integral part of our households. Learn to see what they have to teach you, what part they play in your family dynamic, and where they may be taking on or filtering your own pain and illness. We will also be talking about how diet affects your pet's behavior, and we will look at common behavioral changes and warning signs. You may bring one of your pet's toys or a photograph if you would like to be a part of the demonstration. For their own comfort, please do not bring your animal.

shamanism, psychic development

Animal Totems – 2 hours

Animals and Animal Spirits act as messengers in our lives. Sometimes, they even lend us their medicine or

power. As the focal point of this workshop, we'll each be creating a three dimensional totemic medicine wheel and learning who walks with us in the various positions. This can serve as a tool for personal growth and spiritual assistance far beyond the day of the class

shamanism

A Shaman's Work – Total series: 66 hours

A monthly apprenticeship-style workshop that will allow the Shamanism Student to gain practical knowledge of their path. We will craft totems, assist nature's healing, converse with plant and animal medicine, work with elementals and the ancestors, expand our awareness of the three worlds, and learn how to listen for the information we need.

Students will keep a journal or log of their activities, and will produce a project each trimester. Class will frequently be held out in the field; we will go over necessary supplies and preparations in the first class of each trimester.

Section 1: Growth - Water

Section 2: Living Things – Air/Wind/Storm

Section 3: Harvest – Ancestors & the Hearth

Section 4: Growth - Earth

Section 5: Living Things - Animals

Section 6: Harvest – Journey tools & Storytelling

Section 7: Growth – Serving I

Section 8: Living Things – Serving II

Section 9: Harvest – Fire & Collective Memory

shamanism

Basic Geomancy – 8 hours

Dowsing is one of the oldest forms of using the electrical physical earth energies to discern direction, lost items and water, just to name a few. Fine tune your dowsing skills for reading chakras, internal organs and dis-ease, essential oils, vitamins and produce. Anything you use in daily life can be read with your pendulum. Once you trust yourself and train your pendulum you can be a successful dowser.

shamanism, tools, witchery

Becoming the Goddess Empowerment Workshop – 2 hours

The Western concept of power is one of straight lines and rigidity, which can increase our stress levels and make us brittle. By finding the power in flexibility and flow, we find that we can dance with the challenges in our lives, rather than being overcome by them. While this workshop focuses on Goddess archetypes, it is open to all gender identifications, because we could all use a little more flexible power in our lives. Drawing on Abrahamic and Goddess traditions, we will be creating a personal affirmation of empowerment that has helped people get out of abusive relationships, overcome social anxiety, and create real, tangible change in their lives.

general, personal development

Candle Magick – 2 hours

Candle Magick is an art that is practiced in many traditions, for healing, for intercession, for manifestation, and for protection. Every student will come away with a personalized candle to take home.

magick, witchery, tools

Celtic Shamanism/Faery Magick – 16 hours

Celtic Shamanism is a form of Earth magic, a Folk-Faith, that is considered to be a branch of Wicca; it is also known as Faerie Magic. As such, it is a way of working with the energies around you to create a harmonious environment. In this class you will learn about the Shamanic View of the World, sacred space, the Great Circle, tradition-specific altars, cycles of the wheel, and you will meet the Fae.

altars, faery, witchery, shamanism, magick

Ceremonial Design – 10 hours

This class will culminate with each student designing their own ritual to share with the group. Students will learn the basics of designing effective rituals, where to research information for specific ceremonies, how to create the proper atmosphere, and energy raising techniques.

magick, shamanism

Chakras – 14 hours

The chakras are energy centers within the body that provide keys to growth, progress, and healing, both on a personal level and in many healing modalities. This weekend class will cover location, function, associations (colors, symbols, musical notes, energy resonances, stones), correspondences (ages of development, ailments, strengths and weaknesses), and an experiential meditation for each chakra.

healing, personal development

Channeling I – 16 hours

This eight week course will introduce the student to basic trance mediumship and working with Guidance, as well as protecting themselves from unwanted influence. It combines techniques from Shamanism, Gnosticism, and the Delphic Tradition, and is open to students of all levels. Class topics and exercises include: Grounding; meet your Gatekeeper; taking responsibility for your own protection; moving your energy around with purpose; focused astral travel; meet your spiritual entourage; ascertain which teacher or guide will be working with you for this class; getting comfortable with your spirit teacher's energy; protections; introduction to co-residency, automatic writing, and trance channeling.

psychic development

Colored Light Therapy – 8 hours

Color Light Therapy, also called Chroma-Therapy or color-puncture, is the use of colored light on the acupuncture points, meridians and zones of the body to help correct physical, mental and emotional imbalances. Students will be using a color light wand for all color techniques. Textbook and light wand available for purchase.

healing, tools

Creating A Spiritual Mission Statement – 2-4 hours

In order to effectively move forward along your path, it is helpful to have a Spiritual Mission Statement. This will identify your life's purpose and give you a measuring stick for all of your actions, allowing you to discard those aspects of your life that hold you back. In this hands-on workshop, you will learn tools and be taken through meditations that help you clarify your path, as well as enable you to assess all aspects of your life in order to create greater harmony.

personal development

Crystals: Our Partners for a New Paradigm – 10 hours

Join Ayamanatara on this journey of discovery as we look at crystals, not just as tools, but as partners in our quest for personal growth and perfect balance. Appropriate for beginners as well as professional healers, this five-week class will look at working with crystals for five goals: Crystals for Grounding, Crystals for Releasing, Crystals for the Soul, Crystals for Clarity, and Crystals for Transformation.

healing, tools

Effective Affirmations – 2 hours

Everyone seems to be talking about affirmations, but do they really work? Join Ayamanatara for an examination of what makes a really effective affirmation, how to construct one, and what to avoid.

personal development, general

The Emotional Root Cause of Disease – 2 hours

From a Shamanic point of view, every physical ailment has an emotional root cause. Illness itself is viewed as an imbalance created by separation of body from spirit. The separation is experienced first and foremost as an emotion but, if not processed correctly (that is to say, if balance is not restored), the imbalance will become "louder" and begin to manifest on a physical level within the body in order to get your attention.

While this will sometimes cause an injury, for the purposes of this workshop, we will be focusing on illness. The body itself, and how you perceive the illness, gives you many clues, both about the underlying emotions and how to process them in order to restore balance. We will be looking at some of the most common correlations between emotion and physical ailments, as well as how to process those emotions in a healthy way to restore balance and create a space for long-term healing.

Because experiential knowledge increases retention and understanding, Ayamanatara will be asking for one or more volunteers from the workshop attendees to talk about an ailment they are currently experiencing, so that we may, as a group, walk through the process of discovery and healing with them. It is common for each person attending this workshop to have a personal experience of healing within themselves.

healing, shamanism

Experiential Kabbalah – Level 1: 12 2.5 hour classes, Level 2: 12 2.5 hour classes

Kabbalah is a shorthand for looking at yourself and the Universe. It breaks everything down into 10 bite-sized pieces, and helps us better order our perceptions. It transcends any given religious tradition and applies to all mystical systems, eastern and western. I call this course "Experiential" because you physically, mentally, and emotionally move through the transitions each month. Going through this class has helped people become considerably more effective in everything they do. We will be looking at Kabbalah in multiple traditions – exploring correspondences, doing rituals, and working through our personal, individual blocks. Each student is asked to create goals for themselves at the beginning of the series so that they can measure their progress.

Learn about the Tree of Life and the practice and philosophy of Kabbalah in multiple traditions, as well as go through a real and measurable personal growth spurt in your emotions, mental faculties, and spiritual being. We will be looking at correspondences, doing rituals, and working through our personal, individual blocks. Each student is asked to create goals for themselves at the beginning of the series so that they can measure their progress.

kabbalah, mysticism

An Evening of Magickal Teachings – 2 hours

Over the course of an evening, we will look at what Magick is, common features of Magickal practice, its elements and tools, and much more. Come with your curiosity, your desires, and your notebook! You will come away from this class with applicable, practical knowledge that you can use right away.

magick, witchery

Fairy House Blessings Workshop – 2 hours

Legend has it that if you build a fairy home and leave it in your garden or near your hearth, you might attract a fairy into your domain, and fairy houses make wonderful house blessings. These whimsical "bonsai houses," which are the perfect size for faeries and other small creatures, are constructed of natural materials, like sticks, bark, dry grasses, pebbles, shells, feathers, seaweed, and pine cones. Even if you don't believe in the Fae, this is a great creative project that will warm the heart of any person who loves miniature projects and pretty things for the garden.

Faery, witchery, crafting

Finding and Developing Your Psychic Gifts – 6 hours

We all have intuition, a sixth sense; it's all in how we receive and interpret the information we receive. Uncover and enhance your own natural abilities and learn how to develop them further in this one-day introductory workshop.

psychic development

First Aid for the Kitchen Witch – 3 hours

How to take care of basic first aid health concerns with things you have lying around or growing in your garden.

herbalism, witchery, healing, shamanism, tools

First Quarter Teaching – 2 hours per month (informal)

Bring food to share (wheat-free preferred). Ayamanatara will address topics ranging from the current energies to sacred texts to tools & techniques for personal practice. Bring your questions we'll try to get to everyone.

general

Getting Back to Faery – 16 hours

Imagine, if you will, that the Faeries never left us. What if we are the ones who left, dropping our vibration through wars and the idea of dominion over nature?

Now, imagine that there was a way back.

Through the recent discovery of a stone library, we now know exactly what steps to take to help us get back to a place where we live in conscious harmony with the Fae. Please join Ayamanatara for a workshop filled with step-by-step instructions on reconnecting to nature, each other, and ourselves. We may be moving around outside, as well as meditating, journeying, and taking notes, so please come prepared.

Faery, shamanism, mysticism

Guided Meditation – 1 hour sessions

We all know we should meditate, but many people face challenges with their practice. They don't know if they're doing it right, or they can't seem to find enough time, or they get distracted. Guided meditation offers us the opportunity to get past all of that. Because it's a class setting, the time is set. Guided meditation allows you to meditate while keeping the conscious mind occupied, and all you have to do is follow along with the tour. Tips and pointers for meditating on your own will be discussed, and specific challenges can be addressed.

tools, general

Healing the Ancestral Lineage

Our bloodlines have paths and purposes as much as the individuals that make up those lines. A lineage can have its path corrupted by any individual along that line, generally through unprocessed trauma, which then compounds the farther down the line you go. Your ancestral lineage is embedded or coded into your DNA, and the imprints continue to impact in many ways on your life today. You are literally a compilation of all the beliefs and experiences of those who have gone before you, colored through the lens of your own soul and its imprints. By going back, in trance, to the original holder of their lineage's mission, and connecting with their energy and charge, a person can start to heal their entire lineage. In this two-hour experiential workshop, we will look at how trauma is passed down through generations, and we will connect with the archetypal energy of our bloodlines, bringing that back into the present, and shift the energy of everything in between. In doing this, we honor and heal our ancestors, and we can break through strong patterns that may have baffled us, allowing us to respond differently to the world around us.

healing, shamanism, mysticism

Herbs for Women – 3 hours

There are many issues specific to women that can be addressed with herbs. Come learn some age-old solutions to feminine health concerns at all stages of life. Having taken Introduction to Sacred Herbs would be helpful but is not a requirement.

herbalism, tools, healing, witchery

History of Metaphysics – 10 hours

Co-taught with Patricia Bankins, Stephanie Syd Yang, and Jorga Houy

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. Aboriginal tribes and ancient cultures have seen magic in everyday life, used ritual to create and protect and acknowledged the universe as a conscious being. This course takes the student through different cultures, rituals and beliefs to show how the past is affecting the present day metaphysical world.

general

Incorporating Crystals & Herbs Into Your Holiday Décor – 2 hours

Create innovative, handmade, original holiday accents for your home using crystals and fresh herbs. Find ways to enhance the joy and well-being of your household while honoring traditional values and atmosphere.

general, witchery, crafting

Introduction to Goddess Studies – 10.5 hours

The archetypes of the Feminine Divine speak to our subconscious and can help us move inward, to embody ourselves more fully. This 7-class series will look at some of the Goddesses from Northern Europe, the Eastern Mediterranean, the African Diaspora, the Far East, and the Americas to help us understand patterns of both the shadow-self and ensoulment, as a means to self-discovery. The final will be an oral exam in discussion format. Required class reading will be available in digital format for free or as a hand-copy reader for \$7.

general, personal development

Introduction to Sacred Herbs – 4 hours

What are the most essential herbs to have in your home? How do you make a poultice, an infusion, a decoction, a tincture, a compress? How do you use herbs for protection, healing, and affecting the luck of your household? How do you work with plant spirits? This is the introductory class of an ongoing series (quarterly).

herbalism, witchery, healing, tools

Journey the Mystical Tarot – 16 hours

Join Ayamanatara on an 8 week journey through the Tarot. We will talk about the symbolism in the Major Arcana, patterns, correlations between the cards, touch on the Minor Arcana, and go over some basic layouts. You will also learn about the Tarot as a tool for personal transformation. You must have either a Rider-Waite, Robin Wood, or BOTA deck for this class. Other decks will be discussed.

psychic development, personal development, tools

Journeywork – 16 hours

Journeywork is a form of Shamanic Meditation that allows the practitioner to unlock things from the subconscious and unconscious and create positive solutions.

shamanism, healing

Labyrinth Workshop – 12 hours

The labyrinth is a walking meditation, a sacred vortex, a metaphor for life, a manifestation tool. It predates the Christian Church; labyrinths have been found across the globe and across time. What are the secrets of the labyrinth? How can it work for you? Join us in a 2-day transformational workshop to unlock the information of the labyrinth.

tools, mysticism

Magick I – 10 hours

This beginning course on Magick provides an overview of definitions, appellations and psychology. Knowing that Magick is science unexplained, this course will help your understanding of the rituals, exercises, elements, symbols, talismans, and the application of all its parts. Students will complete a project and present it to the class.

magick

Magick II – 14 hours

This series will take the student through the background threads of the mystical teachings of the world, covering in an experiential way such topics as Receptivity, Balance, Living Spiritually, Higher Dimensions and Other Planes, The Energy Body as a Vehicle, Sacred Geometry, Transitions and Dreamwork, and Personal Power.

magick

Managing Chronic Health Concerns – 2 hours

Whether you have lupus, fibromyalgia, chronic fatigue, cancer, or migraines, dealing with a chronic health concerns presents certain challenges that others may not understand. This lecture and discussion will address those things you can do to get through your day more easily.

healing, personal development

Mystical Teachings I – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level I will cover Receptivity, Balance, and Living Spiritually, and will culminate in an Ascension. This is a prerequisite for higher level classes in this series.

kabbalah, mysticism, personal development

Mystical Teachings II- 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level II will cover The Astral Planes, The Merkabah, Dream Work & The Death Transition Process, and Awakening the Serpent of Light. Prerequisite: Level I. This is a prerequisite for higher level classes in this series.

kabbalah, mysticism, personal development

Mystical Teachings III – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level III will cover Power Play in Relationships, Kavvanah, Right Use of Technology, and Nephilim, Giants and Heroes. Prerequisites: Levels I and II

This is a prerequisite for higher level classes in this series.

kabbalah, mysticism, personal development

Mystical Teachings IV – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level IV will cover Dissipating Illusion, Manifestation & Magick, and Sacred Chants & the Psalms, and will culminate in an Ascension. Prerequisites: Levels I, II and III. This is a prerequisite for higher level classes in this series.

kabbalah, mysticism, personal development

Mystical Teachings V – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level V will cover Angels and the Divine, The Secrets of the Heart & Supernal Light, and The Healings of the Masters, and will culminate in an Ascension.

kabbalah, mysticism, personal development

Mystical Teachings VI – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Level VI will cover different aspects of the Kabbalah.

kabbalah, mysticism, personal development

Mystical Teachings VII – 8 hours

Throughout the ages, there have been those who have sought the inner secrets to the workings of the Universe. We call them Mystics, and these are their teachings. Series VII will cover Grace, Mercy, Silence, and Walking into Hidden Knowledge.

kabbalah, mysticism, personal development

Pendulums: Applications & Techniques – 2 hours

Dowsing is one of the oldest forms of using the electrical physical earth energies to discern direction, lost items and water; to assess nutritional value; and to make guided decisions. Fine tune your dowsing skills for reading chakras, internal organs and dis-ease, essential oils, vitamins and produce. Anything you use in daily life can be read with your pendulum. Once you trust yourself and train your pendulum you can be a successful dowser.

tools, witchery

Portable Altars – 6 hours

Altars are a focal tool for meditation, worship, and manifestation. While there are many different sorts of altars that can be created, a portable altar is a living entity that acts as a focal tool for Spirit to work with you; it also creates an added layer of protection and can be carried with you wherever you go.

altars, shamanism, tools

Principles of Shamanism – 10 hours

Learn how to view the world through a Shaman's eyes; focus your energy for healing and manifestation; start to access the power of the Universe; and discover how to shift your reality. Information on grounding, daily practice, working with your animal and spirit guides, and basic protection will be included.

shamanism

Psychic Protection – 8 hours

This practical, hands-on course will teach you how to clear yourself and your space, and how to keep it clear, as well as how to protect yourself from attack, and how to work in harmony with the energies around you so you don't have to live in fear. On a more concrete level, you will learn about personal shielding, grids, amulets, and wards, as well as prayers, mantras, clearing techniques, and how to correct stagnant feng shui. Each student is asked to do a small project on the protection methods of a given tradition and to present their findings to their classmates.

general, personal development

Reiki I – 8 hours

Reiki, loosely translated as Universal Life Force, is an ancient Tibetan healing energy rediscovered in 19th century Japan. Reiki works to bring healing to the whole being - body, mind, emotions, spirit. Clinical studies have shown that Reiki boosts the immune system, lowers blood pressure, helps manage pain from chronic illness, and diminishes the effects of daily stress. All three levels provide both traditional and alternate source information so the student can make informed choices about their path.

I teach Traditional Japanese Reiki in addition to the Usui Reiki form brought to the US by Hawayo Takata. First level training teaches Reiki history, Reiki treatment hand positions, basic diagnosis techniques, chakra and aura information, discusses basic ethical issues, and provides Level One Attunement and Initiation. Excellent for all health practitioners, as well as those interested in assisting their own healing. Certification included.

This class is a prerequisite for advanced levels of Reiki training. Please wear comfortable clothes.

healing

Reiki II – 8-16 hours

Reiki, loosely translated as Universal Life Force, is an ancient Tibetan healing energy rediscovered in 19th century Japan. Reiki works to bring healing to the whole being - body, mind, emotions, spirit. Clinical studies have shown that Reiki boosts the immune system, lowers blood pressure, helps manage pain from chronic illness, and diminishes the effects of daily stress. All three levels provide both traditional and alternate source information so the student can make informed choices about their path.

I teach Traditional Japanese Reiki in addition to the Usui Reiki form brought to the US by Hawayo Takata. Second level training consists of information on the three main symbols and how to use them, healing karma, distance healing, and contact with Spirit Guides, with a focus on working on other people, and information on how to prepare for Master Level Reiki training. Certification included. Please wear comfortable clothes and bring drinking water.

Prerequisite: Reiki I (and a review session with Ayamanatara if you received your level I attunement from another instructor).

healing

Reiki III – 8-16 hours

Reiki, loosely translated as Universal Life Force, is an ancient Tibetan healing energy rediscovered in 19th century Japan. Reiki works to bring healing to the whole being - body, mind, emotions, spirit. Clinical studies have shown that Reiki boosts the immune system, lowers blood pressure, helps manage pain from chronic illness, and diminishes the effects of daily stress. All three levels provide both traditional and alternate source information so the student can make informed choices about their path.

Third level training gives the student the tools to become the teacher and pass on attunements themselves.

healing

Sacred Herbs 1: Spring – 3 hours

What does Spring mean in terms of herbs? What herbs are in their power in Spring? Prerequisite: Introduction to Sacred Herbs

healing, herbalism, witchery, tools, shamanism

Sacred Herbs 2: Summer – 3 hours

What does summer mean in terms of herbs? What herbs are in their power in summer? Prerequisite: Introduction to Sacred Herbs

healing, herbalism, witchery, tools, shamanism

Sacred Herbs 3: Fall – 3 hours

What does fall mean in terms of herbs? What herbs are in their power in fall? Prerequisite: Introduction to Sacred Herbs

healing, herbalism, witchery, tools, shamanism

Sacred Herbs 4: Winter – 3 hours

What does winter mean in terms of herbs? Are there any herbs in their power in winter? Prerequisite: Introduction to Sacred Herbs

healing, herbalism, witchery, tools, shamanism

Sacred Numbers – 3 hours

A look at basic sacred numbers, where they come from, what they mean, and how they can be used.

mysticism

Shamanistic Treatment of PTSD – 10 hours

Many more people than you might expect are walking around with some form of Post-Traumatic Stress Disorder, because we haven't learned how to process trauma appropriately. This greatly contributes to addiction, disorders like Fibromyalgia, and an inability to be present and effective. Learn how to help people suffering from PTSD from a Shamanic point of view.

shamanism, healing, tools

The Shaman's Altar – 8 hours

Altars are a focal tool for meditation, worship, and manifestation. While there are many different sorts of altars that can be created, a portable altar is a traveling altar the Shaman uses as a tool to connect with their reality. They source their wisdom and healing energies from the sacred objects that have been gifted to them by power places in nature, teachers, mentors, and others. This sacred tool can be an integral tool for healing.

altar, shamanism, tools

The Shift – 12 hours

Time is speeding up. Energy is getting stronger. People are polarizing. People are leaving the planet quickly. More people are reacting with breakdown energy. These trends are only going to increase and intensify. This two-day intensive looks at the energetic shift that is occurring, what it means, how to work with it, and how to deal with people who aren't working with it.

mysticism, personal development

Tonal Healing – 8 hours

Tonal healing is a form of channeled vocal sound that shifts the energy of a person and a space in order to affect healing on the cellular and emotional levels. Students will learn how to connect to the source of the tones in a safe manner and how to channel them for use in healing (themselves and others), as well as in space clearing. Previous experience in channeling is helpful but not necessary.

healing

Tools for Healers – 10 hours

Whether you only work on yourself and your loved ones or you have a burgeoning client base, it always helps to have more tools at your disposal. We will be taking an in-depth look at the emotional root causes of dis-ease, how to read the clues in body and language, and how to integrate all of the modalities into a coherent whole. Also discussed will be supplemental modalities like color therapy, and practicalities like methods of intake and tracking client health over time.

healing, tools

You Are A Work In Progress! – 16 hours

A monthly workshop that gives you tools to create real, measurable results in your life. Visualization for Manifesting; Overcoming & Transforming Fear; Determining and Achieving Your Goals; Increasing the Love In Your Life; Improving Your Focus; Creating Your Own Spiritual Practice; Abundance Training; and Moving Through Your Blocks

general, personal development